



**AUTUMN SPRINT SERIES 2011 – EVENT 5**  
**CLIFTON BACKIES**  
**WEDNESDAY 2<sup>nd</sup> NOVEMBER 2011**  
**RESULTS**

Pos.	Name	Time	
<b>INTRO COURSE 1.4 km</b>			
1	Caro Moussey + Lindsey	14.32	
<b>STARLETS COURSE 1.7 km</b>			
1	Julie Udris	19.01	
2	Steph Fountain	19.11	
3	Kate Gibson	19.21	
4	Gwyneth Morris	19.42	
5	Bill Griffiths	21.34	
6	Caro Moussey + Lindsey	26.19	
7	Carmel Elphick	38.22	
8	Gill Crane + Jodie + Linda	52.41	
<b>STARS COURSE 2.4 km</b>			
1	Josh Beech	17.16	
2	Steph Fountain	23.29	
3	Gwyneth Morris	24.18	
4	Louise Markstedt	24.32	
5	Steve Willis	27.53	
6	Helen Smith	28.32	
7	Graham Capper + Rowan	29.52	
8	Andrew McRoyall	32.52	
9	Caro Moussey	39.56	
	Jackie Barnes	43.52	missed no.5
<b>SUPERSTARS COURSE 2.4 km</b>			
1	Josh Beech	17.58	
2	Steve Corrigan	22.57	
3	Dennis Hooton	23.47	
4	Stuart Fraser	24.58	
5	Steve Willis	32.02	
6	Barrie Speake	33.15	
7	Amanda Cooper	35.04	
8	Nev Myers	37.21	
9	Allan Barnes	37.50	
10	Vicky Todd + Graham	39.46	
11	Simon Caldwell	46.07	
12	David Betteridge	50.13	
13	John Smales	54.02	
14	Christine Roberts	62.01	
15	Phil Puckrin	74.02	
	Louise Markstedt	24.41	wrong no. 15

**PLANNERS COMMENTARY**

Some impressive times for the very technical night "sprint" at Clifton Backies. The starlets course was particularly competitive with only 41 seconds separating the top four. It should be a lot easier at Earswick next week so you will be able to run much faster (and make more mistakes....?).

**Steve**